

Ep 66: Reframing What Success Looks Like

Define what success looks like for YOU

- Success is about "retiring" early.
 - A friend once said that society has retirement all wrong. The perspective should be that once you get a job, you should get to live your retirement first while you are young, when you can enjoy it. Then you work until you die. There is definitely something to this. Why not enjoy life and the fruits of your hard work now? How can you live like you are retired?
 - Retirement is really a frame of mind of waking up each morning and feeling like you are choosing your day. This means feeling fulfilled in how you will spend your day.
 - Feeling fulfilled in your work/career of choice. Putting your skills and passions to good use so that you are creating impact and feel it is a good use of your time.
 - Having enough discretionary time and energy to devote to other pursuits that give you fulfillment.
 - Having enough income to live comfortably and having income to invest in what makes you fulfilled.
- Success is about knowing you at least tried or went for it.
 - This is about living without regret versus living without fear.
 - There is no playbook for guaranteed success in life. The reality is, you are writing the book of YOUR success as you go. You get to decide how to define success. Being afraid of screwing up just holds you back from writing your book.
 - Who said a fulfilling career means you need to spend your entire life at one company? Why not test-and-learn a little bit like "Millennial's" and "Gen-Zer's".
- Success is about raising good humans.
 - If we decide to have kids, we have an obligation as parents to do what we can to make sure our kids are contributors to society.
 - Raising good humans can look very different. One isn't more right or wrong than another. But the question is the same. Am I being intentional in the model I am setting? Am I spending the time and energy I need to be successful?
 - If you aren't a parent, you may be an aunt, uncle, teacher, boss, coach. How are you shaping the young humans around you? Their attitudes, ideology and behaviors are being shaped by us.
- Success is about feeling at peace with the life you choose.
 - This is the life YOU choose, not the life someone chose for you. We often live trying to fulfill the expectations of others, parents, spouse or partner, and our kids. This gets in the way of us delivering the impact that we are called to deliver.
 - We can only grind so long before we burn out, start feeling resentful, start retreating in to compensating behaviors to make us feel better.
 - Everything is a choice, it may not always be a fair choice with great options, but it's still a choice. The only way we can be at peace with ourselves for the life we choose is by taking responsibility for our choices.

Areas to address immediately are:

1. _____

2. _____

3. _____

Action Plan:

Action	Timing	Progress	Complete

